

Prepare 22 | Packing List

PACKING FOR PREPARE 22 IS DIFFERENT FROM OUR OTHER RETREATS. YOU HAVE A LONG HIKE TO THE CAMPSITE, AND YOU MUST CARRY YOUR BELONGINGS. WE RECOMMEND A LARGE CAMPING BACKPACK. IF YOU DON'T HAVE A CAMPING BACKPACK CONSIDER USING TWO SMALLER ONES. **DO NOT USE A GARBAGE BAG OR SUITCASE AS THEY WILL NOT HOLD UP FOR THE HIKE.** PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY AND PACK THE ITEMS LISTED BELOW.

<u>CLOTHES (4 DAYS)</u>	<u>TOILETRIES</u>	<u>OTHER</u>
UNDERWEAR	DEODORANT (STILL A MUST!)	FOOD SPENDING MONEY
SOCKS (BRING EXTRA)	TOOTHBRUSH & PASTE	FLASHLIGHT
SHORTS	TOWEL	EXTRA BATTERIES
PANTS (FOR AT NIGHT) x1	ANY REQUIRED MEDICATION	BIBLE, NOTEBOOK & PENS
SHIRTS	ANY OTHER NECESSITIES	WHISTLE
SWEATER/JACKET x1	<u>TOILETRIES NOTES</u>	WATER BOTTLE
PJS x1	THERE AREN'T WASHROOMS, SO YOU WON'T NEED MOST OF YOUR REGULAR MORNING TOILETRIES. DON'T BRING SOAP OR SHAMPOO; WE WILL GET SOME THAT ARE BIODEGRADABLE.	OLD COFFEE MUG
BATHING SUIT x1		BUG SPRAY & SUN SCREEN
RAIN GEAR		POCKET KNIFE (OPTIONAL)
HAT		LIFE JACKET (OPTIONAL)
<u>CLOTHES NOTES</u>	<u>BEDDING</u>	<u>OTHER NOTES</u>
ENSURE YOUR CLOTHES CAN GET DIRTY. RAIN GEAR IS NECESSARY. REMEMBER, IT'S CAMPING; BRING WHAT YOU NEED, BUT DON'T OVERPACK.	SLEEPING BAG	MAKE SURE YOU BRING ENOUGH MONEY TO STOP FOR FOOD ON THE WAY THERE AND BACK. <u>DON'T PUT THIS IN YOUR BAG.</u>
	PILLOW (PREFERABLY TAVEL SIZE)	
	CAMP MATTRESS/PAD (OPTIONAL)	
<u>SHOES</u>	<u>BEDDING NOTES</u>	YOU NEED A FLASHLIGHT/ HEADLAMP FOR NIGHTTIME. REMEMBER SOME EXTRA BATTERIES TO GO WITH IT.
CLOSED TOE SHOES	MAKE SURE YOU HAVE A SLEEPING BAG THAT WILL KEEP YOU WARM. IN ADDITION, YOU CAN BRING A PILLOW, BUT BOTH OF THESE NEED TO FIT IN YOUR BAG.	DON'T FORGET YOUR BIBLE AND NOTEBOOK FOR STUDY TIMES. IT IS PROBABLY BEST TO PUT THEM IN A ZIPLOCK.
COMFY SHOES/SANDALS		THE CAMP MATTRESS IS NOT A LARGE AIR MATTRESS. THERE ISN'T ELECTRICITY TO PUMP IT UP. IF YOU DON'T HAVE ACCESS TO A MATTRESS/PAD, LET US KNOW.
<u>SHOES NOTES</u>	<u>FISHING (OPTIONAL)</u>	WHISTLES WILL BE WORN AT ALL TIMES IN CASE OF AN EMERGENCY.
YOU WILL WANT AN OLD PAIR OF SHOES FOR ACTIVITIES AROUND CAMP. YOU WILL ALSO WANT SOME COMFORTABLE SHOES OR SANDALS FOR WHEN WE'RE RELAXING. MAKE SURE THEY'RE NOT GOOD ONES.	FISHING POLE	A NALGENE WATER BOTTLE IS PREFERRED, BUT ANY OLD BOTTLE WILL WORK. YOU JUST HAVE TO BRING SOMETHING!
	FISHING TACKLE	AN OLD COFFEE MUG IS FOR HOT CHOCOLATE/COFFEE IN THE MORNING OR NIGHT.
	<u>FISHING NOTES</u>	IF YOU HAVE DIFFICULTY SWIMMING, BRING A LIFE JACKET.
	THOSE THAT WANT TO FISH NEED TO BRING THEIR OWN GEAR.	

IF YOU HAVE ANY QUESTIONS ABOUT THE PACKING LIST PLEASE LET US KNOW. IF YOU DO NOT HAVE ANY OF THE ITEMS ON THIS LIST CONTACT TYLER BOWLES VIA CALL/TEXT AT (519) 870-3566.

Bag 1 | Backpack - DO NOT USE A SUITCASE